



a private island paradise off the coast of Belize

Island Body Treatments

Experience the relaxing techniques and healing powers of our enchanting island masseuse; Ms. Alley Wade. One session with Alley transforms those final memories of the stressful life you have left behind before arriving at Caye Chapel. Massage is more than a passing luxury, it is a sense of well being, improving total body circulation, blood flow, skin texture, and a sense of overall body wellness.

Essential oils, minerals and body lotions are 100% natural ingredients from the Belize Rainforest, Caribbean Sea and Inland Jungle Eco system. All ingredients are prepared by Alley for each session to assure purity and pleasure.

All prices are in U.S. Dollars

Aroma Massage

Combination of Swedish and Eastern massage of relaxing and balancing properties from essential oils and lotions. Designed to improve skin texture and softness, nurturing body, mind, and spirit. To achieve maximum benefits from this massage you should plan not to shower for at least two hours after your session.

One Full Hour of Total Indulgence

Price.....\$ 80.00

Partial Massage

Tension relief massage which concentrates on the neck, shoulders, back and scalp.

Half Hour of Relaxation Therapy

Price.....\$50.00

Deep Tissue Massage

Firm pressure massage for deep tension relief and muscle circulation. Manipulation of key element body points to relieve stress, improve circulation and a seduced state of total relaxation.

For some, this massage becomes a total workout of muscle mass and deep relaxation techniques. Be prepared to nap immediately following this experience to achieve the most benefit.

70-minute Session

Price.....\$ 100.00

Honey Body Polish



a private island paradise off the coast of Belize

A full body ex-foliation that removes dull skin, while restoring natural moisture balance, leaving the skin looking beautiful and radiant. Belize natural honey and brown sugar cane is infused with jungle Tea tree oils.

60-minute session

Price..... \$ 60.00

Seaweed Body Scrub

This luxurious sea treatment is designed especially to remove the external layer of dry skin; it conditions and softens skin at the same time. Caribbean Seaweed, sea salt and local honey combined for an ultimate treatment of the skin.

60-minute session

Price..... \$ 60.00

Caribbean Glow

An invigorating body treatment that ex-foliates dull skin, while improving overall skin texture. Leaving you with a natural silky youthful glow. Sea salt infused with Lavender. Tea tree oils and oil from the Bergamot citrus are used within this session.

60-minute session

Price..... \$ 60.00

Island Twist Facial

Using fresh local fruits and herbs which gently clean and ex-foliate, leaving your face feeling clean and fresh.

30-minute session

Price..... \$ 60.00

Manicure or Pedicure

Leave the Crock skin look to those creatures within our island lakes. Treatment includes hand and lower arm massage, personal equipment kit that is yours to take home, and nail polish color of your choice.

Price.....\$50.00

Day-to-Day Stone Massage

A truly unique indulgence, stone massage involves the application of water-heated basalt stones of varying sizes to key points on the body, giving a deep massage and creating sensations of warmth and comfort. The direct heat relaxes muscles, allowing manipulation of a greater intensity than a normal massage.

60-minute session

Price.....\$80.00
